



WOMEN IN DISTRESS
OF BROWARD COUNTY, INC.

JIM & JAN MORAN FAMILY CENTER
P.O. Box 50187 Lighthouse Point, FL 33074



Monthly Newsletter | *Sharing stories of empowerment*

June 2018



A Mission Moment

Friends,

Most people don't know that half of the people we help in our domestic violence emergency shelter are children. They are sometimes the most difficult cases to treat, like Sandy*, a beautiful little 4-year girl suffering from Post-Traumatic Stress Disorder. The thought of leaving her mother's side would immediately bring on a wave of anxiety and fear. She would fall to her knees screaming, kicking and tightly holding on to her mother's leg. As the weeks went by, Sandy's mother refused to leave her alone. She missed meetings with her therapist, group sessions and outings, because she was afraid to leave Sandy. A month later, Sandy's mother reached out to her therapist, concerned that she was missing the help that she needed to begin the healing process. Her therapist encouraged her to take Sandy to child therapy, to help her develop the skills to be successful in pre-school and kindergarten.

At first, Sandy screamed and cried, but as she began to trust her Women In Distress therapists she became more open to the therapy sessions. She especially liked the play therapy. Her therapist knew that Sandy liked stuffed animals, so she began having tea parties with teddy bears and other stuffed animals to get her to open up. Sandy was also very timid and had difficulty socializing with the other children at first. As her confidence grew she eventually began to interact with others. She became more outgoing and gregarious and even allowed other children to braid her hair. It was remarkable to see Sandy begin to laugh and play in a social environment.

Sandy is one of the Women In Distress success stories of the children's therapy staff. The Program staff at Women In Distress help domestic violence survivors and their families each day because of the support we receive from the community. It's because of your generosity that children like Sandy get the services they need to lead safe and independent lives. Won't you continue to help us make an impact in the lives of survivors each day? To support families like Sandy and her mom, please go to WomenInDistress.org and donate today.

**Name changed to protect the survivor's identity.*

Support our mission to stop domestic violence

Donate now

Tell a Friend

Need Help Now: 24 Hour Crisis Hotline 954-761-1133

Bright Stars



Thank you to Phyllis Thomas and the First Presbyterian Women's Group for a wonderful pre-Mother's Day dinner, and donations of gifts provided to our participants on May 10 at our Jim & Jan Moran Family Center. They generously donated gifts, as well as catered a BBQ dinner, that brought great joy to the mothers and children in our shelter. It was altogether a warm and wonderful break for our families and children who are going through some tough times.

Upcoming Events



Back To School Drive

Friends, it's that time of year: Back to School! Women In Distress will host its annual Back to School Drive starting in July. Our goal is to raise funds to help rebuild the lives of children and their families affected by abuse. We will also collect school supplies like backpacks, pens, pencils, crayons, paper, binders, folders to distribute to the children of domestic violence survivors. Help us meet our goal to raise \$6,000 and school supplies for children. Please contact Matthew Williams at (954) 760-9800 ext. 1254 or email mwilliams@womenindistress.org for more information or to donate [click here](#).

SAVE THE DATE

WOMEN IN DISTRESS

TOURNAMENT

Women In Distress' 5th Annual Charity Golf Tournament

Friends, get your clubs ready. Golf is coming! On November 12, 2018 the 5th Annual Charity Golf Tournament to benefit Women In Distress will be held at the Coral Ridge Country Club. Partnership, and sponsorship/underwriting opportunities and foursomes will soon be available. Stay tuned for details.

Death By Chocolate Charity Bake Off

On Thursday, June 29, 2018, from 5:30PM-7:30PM, Lenox-on-the-Lake will host their Death by Chocolate Bake Off. Bring your homemade chocolate creation to be judged. The best baker will receive a trophy. Contest entry fee is \$25. Proceeds go to benefit Women In Distress. For more information or to register please contact Kinisha Ambrose at 954-741-6700.

Oceans 234- Back to School Event

Join us on Thursday, August 2, 2018, at Oceans 234 from 5:00PM-7:00PM for a Women In Distress Back to School event. We will be raising funds for domestic violence survivors and collecting school supplies for distribution to the children of domestic violence survivors to support the services we provide to survivors at no cost. Please contact Matthew Williams at (954) 760-9800 ext. 1254 or email mwilliams@womenindistress.org for more information.

Broward Mental Health Summit

On Wednesday, September 12, 2018, Women In Distress is proud to be a partner of the Broward Mental Health Summit from 8:00AM-5:00PM at the Charles F. Dodge City Center in Pembroke Pines. Admission is \$30. Breakfast and lunch are included. Parking is free. Tickets will not be sold at the door, so be sure to purchase tickets ahead of the event. For more information or to register please visit www.BrowardMentalHealthSummit.org

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Thrift Store

The Women In Distress Thrift Store provides survivors and their families with clothing, furniture, and household items free of charge, helping them rebuild their lives.

100% of the net proceeds support services provided by Women in Distress

Please donate and make a difference

Senior Day is every Wednesday (50% off entire purchase, excluding furniture and jewelry)

There is a different "surprise" sale every day.

To donate items or schedule furniture pick-up call [954-975-7425](tel:954-975-7425) or click [here](#) for more information



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